



4-DAY EXECUTIVE PMP® BOOTCAMP CURRICULUM

Instructional Architecture: The "Mindset Decoded" Process Sequencing Framework

Course Length: 4 Days

Core Courseware: *PMP® Mindset Decoded Study Guide & 500-Question Exam Simulator* (pp. 2, 17)

DAY 1: CORE FOUNDATIONS & NAVIGATING UNCERTAINTY

Focus: Transitioning from rigid execution to predictive vision, followed immediately by systemic risk mitigation (pp. 5-6, 37).

Morning Session: The PMP Framework & Strategic Vision (ECO: Business Environment & Process)

- **The Paradigm Shift:** Shifting from "doing" to "thinking like a project manager" (pp. 11, 14).
- **The 12 PMI Principles:** Mapping core governance, stewardship, and systems thinking across enterprise lifecycles (p. 38).
- **The Strategic Horizon (Initiating):** Translating business cases and benefits realization plans into high-impact Project Charters (pp. 27, 37).
- **Stakeholder Identification on Day One:** Setting up the Stakeholder Register to claim corporate alignment and legal authority early (p. 37).

Afternoon Session: Anticipating Disruptions (ECO: Process - Risk Management Focus)

- **Why Risk Comes First:** Breaking textbook norms to prioritize risk-driven decision flows across all domains (pp. 6, 20).
- **Qualitative & Quantitative Analytics:** Deploying Probability & Impact Matrices, Tornado charts, and Monte Carlo Simulations (p. 22).
- **Strategic Response Mechanics:** Formalizing actionable mitigation and capture strategies for threats and opportunities (p. 22).
- **Agile & Hybrid Volatility:** Utilizing Risk Burndown Charts to manage uncertainty dynamically in fast-moving delivery environments (p. 22).

DAY 2: ENGINEERING THE PROJECT BLUEPRINT

Focus: Master predictive planning mechanics, scope constraints, and rigorous math-based forecasting (pp. 23-24, 37).

Morning Session: Scope Baselines & Chronological Sequencing (ECO: Process)

- **Preventing Scope Creep:** Decomposing corporate requirements down to the Work Breakdown Structure (WBS) and WBS Dictionary (pp. 23, 35).
- **The Critical Path Method (CPM):** Eliminating guesswork. Determining precise project durations, forward/backward passes, and float calculations (pp. 23, 35).
- **Resource Optimization:** Implementing resource leveling and smoothing strategies against shifting project timelines (p. 23).
- **Release Planning:** Mapping User Story Maps and adaptive scheduling milestones for hybrid initiatives (pp. 23, 35).

Afternoon Session: Financial Governance & Quality by Design (ECO: Process)

- **Rigorous Activity Estimation:** Applying Analogous, Parametric, Three-Point, and Bottom-Up estimation formulas (pp. 23-24).
- **Establishing the Baseline:** Funding limit reconciliation and locking the Budget-at-Completion (BAC) (p. 24).
- **Earned Value Management (EVM):** Mathematical tracking of variance, cost/schedule indices (CPI/SPI), and Forecasting (EAC/ETC) (pp. 24, 37).
- **Quality vs. Grade:** Embedding continuous improvement frameworks into the development lifecycle instead of doing late inspections (pp. 25, 36).

DAY 3: THE HUMANS LEADING THE WORK

Focus: Complete immersion into servant leadership, conflict navigation, and pure agile methodologies (pp. 25-27).

Morning Session: Team Performance & Servant Leadership (ECO: People)

- **The Leadership Mandate:** Shifting from old "command-and-control" to modern collaborative Servant Leadership (p. 40).
- **Building High-Performing Teams:** Navigating Tuckman's Stages of Team Development (Forming to Performing) (p. 25).
- **Empowering the Edge:** Creating a psychologically safe space that respects diverse skills and drives shared ownership (pp. 38, 40).

- **Resource Acquisition:** Managing global, remote cross-functional talent alongside physical constraints (pp. 8, 25).

Afternoon Session: Conflict Mastery & Pure Agile Delivery (ECO: People & Process)

- **Difficult Stakeholder Dynamics:** Deploying situational communication models to resolve friction with resistant department heads (pp. 27, 38).
- **The SCRUM Engine:** Practical execution of Scrum Roles (Product Owner, Scrum Master, Developers), Events, and Artifacts (p. 28).
- **Quality Gates in Agile:** Enforcing strict entry and exit gates via the Definition of Ready (DoR) and Definition of Done (DoD) (p. 25).
- **Extreme Programming (XP) & Communication:** Centralizing performance tracking through information radiators and automated loops (pp. 25-26).

DAY 4: SYNTHESIS, INTEGRATION & THE FINAL EDGE

Focus: Bringing all pieces together under integrated change control, navigating upcoming 2026 shifts, and mastering test elimination strategies (pp. 20, 29-30).

Morning Session: Integrated Change Control & Business Readiness (ECO: Process & Business Environment)

- **The Central Engine (Integration):** Orchestrating all moving pieces simultaneously (p. 39).
- **Perform Integrated Change Control (PICC):** The definitive process flow for evaluating, reviewing, and approving changes under pressure (pp. 27, 37).
- **Business Readiness & OCM:** Preparing the business environment for handovers using the ADKAR and Kotter frameworks (p. 27).
- **Outcome-Centric Closing:** Moving past basic handovers to track real business value and archive lessons learned (pp. 28, 37).

Afternoon Session: The 2026 Bridge & Elimination Masterclass (ECO: Simulator)

- **The 2026 Bridge Framework:** Essential orientation on emerging technological changes, AI-Augmented Project Management, and modern ESG/Sustainability metrics (pp. 2, 11, 26, 30).
- **The "Assess → Consult → Plan → Act" Logic:** Rewiring candidate responses to never take action without analyzing first (pp. 6, 18).
- **Strategic Elimination Drill:** Interactive teardown of PMP question traps, removing extreme options, and isolating the "most correct" PMI answer (pp. 11, 16, 29).

- **The Survival Kit Strategy:** Final coaching on time budgeting, psychological pacing, and maintaining composure under exam room constraints (pp. 12, 30).



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